

2 EASY REGISTRATION OPTIONS

- 1. Internet:** Go to the Aging Projects website and click on the Conference stamp.
- 2. Telephone:** (for non-internet users) Call 828-388-1464

www.AgingProjectsInc.org



- **NO CHARGE TO ATTEND** this conference due to partner support.

- **Free onsite RESPITE CARE** of your loved ones is provided by the professional staff of Always Best Care, so you can attend the conference. Pre-registration required.

- **Lunch & Learn**
Doc Brown's BBQ
a Carolina favorite!
The Amazing Pizza Company
with new classic salads!
Your choice. Your budget. Your way. Or you may bring your own brown-bag lunch.

- **Free Beverages & Snacks**
Enjoy a fresh cup of coffee or tea, a bottle of water and fresh baked cookies throughout the day.

- The WNC Falls Prevention Coalition will offer *free* **BALANCE SCREENINGS**. Help prevent falls, a leading cause of hospitalization.

- The Hearing Guy will offer *free* onsite **HEARING BOOTH SCREENINGS**. Learn how you can prevent hearing loss.

- Laborde Eye Group will provide *free* **AMSLER GRID VISION SCREENINGS** from 10am - 2pm. Monitor your vision for the onset or progression of macular degeneration, the leading cause of vision loss.



Sixth Annual Aging in Place. It's in Your Future. National Conference

Thursday, October 24, 2019

Blue Ridge Community College
Conference Hall, Flat Rock, NC

Morning Session 8:00 – 12:00am

8:00 – 8:45 Meet & Greet with Exhibitors and Health Screenings

8:45 – 9:00 President's Welcome

9:00 – 9:45 Keynote Presentation #1 • A Geriatrician's Potpourri. There's Always Something to Learn about Vaccines, and Other Topics Important to Caregivers. Presented by Joanne Helppie, MD, Geriatrician, Internal Medicine.

9:45 – 10:00 Meet & Greet with Exhibitors and Health Screenings

10:00 – 10:45 Keynote Presentation #2 • Low to High Tech Solutions for Aging in Place and The Role Adult Day Programs Play. Presented by Sheila M. O'Connor, MA, OTR and Brian Pugliese, BS, MHA.

10:45 – 11:00 Meet & Greet with Exhibitors and Health Screenings

11:00 – 11:45 Keynote Presentation #3 • Aging Care Options: A Panel Discussion. Moderated By Lisa Kaufman, MSW. Panelists: Kevin Parries – Executive Director, Carolina Village; Jim Smeaton – President/Owner, Always Best Care Senior Services; Tiffni Baxley – Executive Director, Carolina Reserves of Hendersonville; Bob Pompeo – Director of Marketing, Laurels of Hendersonville; Shelly Brooks – Senior Clinical Home Health Specialist, Kindred at Home

11:45 – 12:00 Meet & Greet with Exhibitors and Health Screenings

Lunch & Learn 12:00 – 1:00pm

National Awards Presentation, Meet & Greet with Exhibitors and Health Screenings

Afternoon Session 1:00 – 3:30pm

1:00 – 1:45 Workshop Sessions [Select One]

Workshop 1: Tooth or Consequences: Oral Health, Disease and Management of the Aging Adult. Pete Richards, DSS., MAGD

Workshop 2: How to Communicate With Your Hearing Impaired Loved One. Lauren Hadden, AuD

Workshop 3: Rx: Understanding your Pharmacy Services and Prescription Drug Coverage. Maite Eguia Harte, BS, RPH

1:45 – 2:00 Meet & Greet with Exhibitors and Health Screenings

2:00 – 2:45 Workshop Sessions [Select One]

Workshop 1: Caring for the Caregivers. Elizabeth Tait, MHS and Diane Harper, RN, DNP, PCNP

Workshop 2: Maximize Nutrition, No Matter Your Condition. Julie Cunningham, MPH, RD, LDN, CDE, IBCLC

Workshop 3: Caregiver Legal Strategies and The Role of a Caregiver Support Plan. Caroline T. Knox, JD, CELA and Denise Hanks RN, CCM

2:45 – 3:00 Meet & Greet with Exhibitors and Health Screenings

3:00 – 3:30 Provider Raffle Drawing and Closing Comments



2019 National Conference Partners

